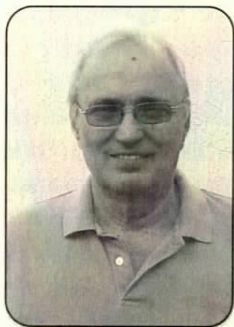


TERRY LUNDBORG

SPORTS



Terry Lundborg, a 1968 SDSD graduate, was the second South Dakota athlete to compete in the 1969 Deaf Olympics held at Belgrade, Yugoslavia in August 1969. Lundborg began running in his freshman year at South Dakota School for the Deaf. Lundborg recalls his coach waking him up at 5:00 a.m. even in the dead of winter with the icy cold mornings and snow on the ground. He'd run an hour daily. He used to run with Marvin Yellow Hair and Gilbert Little Spotted Horse. They were great runners and supported each other in track.

He raced for the regional track tournament and lost only by 1 second. He raced again for the state tournament and was proud to run against many other skilled runners. Along with Yellow Hair and Little Spotted Horse, they ran many great races during Lundborg's senior year. As a team, they came in second and lost only by 1 point. He was a member of the Pheasant Cross-Country team and placed second at the state Cross-Country meet. In a pack of 160 runners representing 40 schools, Lundborg came in sixth. It was during this meet where SDSD showed its best performance as a cross-country team in the history of the school.

Lundborg graduated from South Dakota School for the Deaf in 1968 and attended Gallaudet College (now Gallaudet University). There, he improved as a long distance runner and competed against University of MD, UVA as well as many other teams. Lundborg also ran in the 1969 Deaf Olympics in Yugoslavia and placed seventh in the 5,000 meter and tenth in 10,000-meter races. His achievements span a lifetime of experience.

"One thing I learned when you reach the college level of sports, you are competing people like yourself. Everyone is #1. Discipline is required to be a great athlete. There are no more easy days of running. You need to prepare your body even more and you need to be more mentally ready to compete." ~ Terry Lundborg

